



CSpa Wellness

By Camelot

- PREMIUM -





massage therapy

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| Camelot Universal Signature Massage | 60 min | R760 | A combination of Hot Stone, Kahuna, Balinese and Indian Head massage techniques for those who want to experience various types of massage. This massage incorporates the use of our unique massage candle, where the fragrance and softness of your skin lingers in your mind long after you have left the spa. |
| Aromatherapy Massage | 60 min | R720 | Promotes healing, well-being and relaxation using pure essential oils and light massage strokes. |
| Deep Tissue Massage | 60 min | R720 | A deep pressure massage to relieve tension and detoxify. |
| Hot Stone Massage | 60 min | R720 | This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body. |
| Swedish Body Massage | 60 min | R660 | Provides a sense of well being, eases tense muscles and induces relaxation. |
| Pregnancy Massage | 60 min | R660 | This relaxing massage experience is specifically tailored to relieve typical pregnancy discomforts such as lower back ache and poor circulation. Keeping you and your baby's safety in mind, this treatment is only offered to Moms beyond their first trimester. |
| Back, Neck & Shoulder Massage | 60 min | R660 | This massage helps relieve the tension in the neck, shoulders, upper and lower back. |
| | 45 min | R540 | |
| | 30 min | R400 | |
| Pressure Point Foot Massage | 45 min | R540 | Relax and balance the body through stimulation of pressure points situated on the feet. |
| | 30 min | R400 | |
| Indian Head Massage | 30 min | R400 | A detoxifying massage treatment of the head, scalp, face, neck and shoulders. This is a deeply relaxing massage combined with stimulating techniques, bringing about many beneficial results. |

ENHANCE YOUR MASSAGE WITH THE FOLLOWING ADDITIONS:

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| Upgrade your 60min massage with an extra 30min | R290 |
| Add a Back Scrub | R100 |
| Add Hot Stones to your massage | R90 |
| Add Bellabaci Cups to your massage | R80 |

skin care therapy

CSPA AROMA WELLNESS

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| CSpa Hydrating, Rebalancing or Anti-Ageing Facial | 60 min | R650 | This multi-sensory, results driven skin treatment includes a luxurious facial massage and an Aroma serum (either Hydra-Boosting, Age-Defying or Oily/Combination Rebalancing) to suit your skins main concerns. |
| CSpa Aroma Facial | 30 min | R390 | CSpa's Aroma Wellness basic facial can be customised to all skin types and concerns. |

THALGO SKIN CARE

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| Prodige Des Oceans Facial | 90 min | R2 500 | A supreme Beauty Ritual providing ultimate revitalization and total youthfulness. This treatment delivers the revitalizing benefits of Intelligence Regenerative Marine, a complete concentrate of 63 marine active ingredients (an exclusive Thalgo patent). At the heart of the ritual, the Prodige des Océans Mask offers pure plumping oxygenation, and its iconic massage, inspired by Ko Bi Do, an ancestral Japanese manual facelift technique, visibly smoothes wrinkles and restores firmness and elasticity to the skin. The face glows with renewed youth. |
| Thalgo Anti-Age Hyaluronic Filler Facial | 60 min | R1 800 | Smooth and Fill: This treatment corrects deep lines, leaving the skin looking visibly younger. |
| Thalgo Source Marine Hydrating Facial | 60 min | R950 | This facial corrects the hydration levels of the skin, deeply replenishing and restoring the skin's velvety-smooth feel and radiance. This treatment includes a revitalizing Infusion mask. |
| Thalgo Ocea Men's Treatment | 60 min | R940 | Whether your concern is dehydration, dryness, sensitivity or oiliness, this treatment provides a tailored solution for the male skin. Treatment includes a relaxing massage, leaving the skin revitalised and perfectly balanced. |
| Thalgo Micronized Marine Algae Facial | 60 min | R920 | The facial for oily/combination skin, uses the power of micronised marine algae, to rebalance and remineralise the skin leaving it clearer and purified. |
| Thalgo Spa Skin Facial | 60 min | R690 | This classic facial is tailored to meet the specific needs of all skin types. Two treatment options (i.e. Source Marine or Cold Cream Marine Ritual). |
| Thalgo Deep Cleansing Facial | 60 min | R690 | Specifically designed for combination to oily skin, this Puret  Marine treatment reduces imperfections, redefines pores and controls shine; with the optional inclusion of extractions. |

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| Purity ThalgoMen Facial | 45 min | R690 | Wake up and energise tired skin. Includes a full cleanse, scrub, energising digito-pressure massage and anti-fatigue mask resulting in clearer skin. |
| Thalgo Illuminating Radiance Facial | 30 min | R510 | Unlock the secret to perfect radiance with a treat of sensoriality and effectiveness resulting in skin luminosity. |

MCEUTIC BY THALGO

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| MCeutic Renovation Radicale Treatment | 60 min | R1 380 | A true medically-inspired beauty treatment. It delivers a tailor-made 3-step treatment designed for imperfections, uneven skin tone, and rejuvenation. This non-invasive mesotherapy treatment incorporates a deeper peel, allowing for penetration to the deepest layers of the skin. No down time. |
| | 30 min | R920 | |

THALGO EYE EXPERT TREATMENTS

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| Anti-Wrinkle Hyaluronic Eye Treatment | | R390 | An express 2-in-1 treatment performed with the Hyaluronic Eye Patch Mask and Hyaluronic Filler which traces and fills the wrinkles. For a beautiful complexion and a radiant and instantly rejuvenated eye contour. |
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SUGGESTED FACIAL TREATMENTS

IDEAL FOR:

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| CSpa Aroma Facial | : Hydration |
| CSpa Hydrating, Rebalancing or Anti-Ageing Facial | : Hydration Oily Skin Anti-Ageing |
| Thalgo Illuminating Radiance Facial | : Hydration |
| Thalgo Spa Skin Facial | : Hydration Sensitive Skin |
| Thalgo Deep Cleansing Facial | : Oily Skin Combination Skin |
| Purity ThalgoMen Facial | : Oily Skin Combination Skin |
| Thalgo Ocea Men's Treatment | : Hydration Anti-Ageing |
| Thalgo Micronized Marine Algae Facial | : Acne Balancing |
| Thalgo Source Marine Hydrating Facial | : Hydration |
| Thalgo Anti-Age Hyaluronic Filler Facial | : Anti-Ageing: Plump & Fill |
| Prodige Des Oceans Facial | : Premier Anti-Ageing Pigmentation |



LPG® endermologie

TARGETED FACE TREATMENTS

Forehead, Eye Wrinkles, Eye Circles & Puffs, Mouth Area, Double Chin, Jaw Line, 10min R180
Neck, Decollete, Hands

CLASSIC FACE TREATMENTS

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| Glow | 15min | R270 | Gently exfoliates and reactivates microcirculation to even out the complexion and improve skin brightness. |
| Detox | 20min | R360 | Drains toxins and "reoxygenates" the skin for a purified, radiant complexion. |
| Decollete & Bust | 25min | R450 | Redensifies tissue, fills in wrinkles, and firms skin for a visibly smooth décolleté. |
| Age Defying Resculpting, Toning, Replumping | 30min | R540 | Balances the volumes of the face, restores skin density while improving the look of wrinkles and fine lines from within. |

SIGNATURE FACE TREATMENTS

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| Skin Awakening | 10min | R180 | Evens out skin tone, tightens pores and smoothes out wrinkles on the face and neck. |
| Cellular Stimulation | 40min | R720 | Drains toxins, lightens the complexion, refines skin texture while smoothing out fine lines and wrinkles on the face, neck and hands. |
| Perfect Eyes & Lips | 15min | R270 | Smooths wrinkles around the eyes and mouth, lifts the eyelids to enhance the look and replumps the lips. |

FACE PACKAGES

10 sessions (Includes 1 complimentary session & a Face Kit)

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| 15 minutes | R2 430 |
| 20 minutes | R3 240 |
| 25 minutes | R4 050 |
| 30 minutes | R4 860 |

6 sessions Skin Awakening (Includes a complimentary Face kit)

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| 10 minutes | R1 080 |
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YEARLY MEMBERSHIPS: FACE

24 sessions (Includes 4 complimentary sessions & a Face kit)

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| 15 minutes | R5 400 |
| 20 minutes | R7 200 |
| 30 minutes | R10 800 |

Face endermologie® kit R620

Your face endermologie kit is comprised of Lift 20 and Lift 10 flaps.

Personal to you and it guarantees that your face endermologie sessions are perfectly hygienic.

manicures & pedicures

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| Deluxe Spa Pedicure | 60 min | R430 |
| Deluxe Spa Manicure | 60 min | R400 |
| Nailcare & Gel Polish | 45 min | R345 |
| On-The-Go Pedicure | 30 min | R290 |
| On-The-Go Manicure | 30 min | R290 |
| Revarnish | 15 min | R215 |
| Gel Polish Add On | 30 min | R180 |
| Gel Polish Removal | 30 min | R140 |
| Paraffin Wax | 15 min | R120 |
| Heel Peel Treatment Add On | 15 min | R120 |

On-The-Go Manicures/Pedicures include shaping of the nails, cuticle care, a hand/foot massage and varnishing of the nails. In addition to our basic manicure/pedicures, deluxe treatments include an exfoliation and specialised mask application.

NAIL TREATMENTS

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| Clear Tips & Overlay | 75 min | R430 |
| French Tips | 60 min | R400 |
| French Acrylic Overlay Hands/Feet | 75 min | R400 |
| Clear/Colour Acrylic Overlay Hands/Feet | 60 min | R370 |
| Acrylic Fill | 60 min | R300 |
| Gelish Overlay on Full Set of Nails | 15 min | R160 |
| Varnish Add On to Full Set of Nails | 10 min | R85 |
| Nail Art (Per Nail) | 5 min | R20 |
| Nail Repair | 15 min | R60 |
| Soak Off Acrylic | 30 min | R130 |





spa beauty treatments

The finishing touches for a healthy, well groomed, brand new you.

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| Tint Lash & Brow | 30 min | R190 |
| Tint Lashes | 25 min | R140 |
| Tint Brows | 15 min | R110 |

waxing

We offer a complete range of waxing services.
Please consult with your therapist to identify your specific needs and desired results.

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| Lip / Chin / Brow | 15 min | R130 |
| Underarms / Sides of Face | 20 min | R180 |
| Bikini / Half Arm | 25 min | R190 |
| Half Leg / Full Arm / Half Chest | 30 min | R270 |
| Brazilian | 40 min | R300 |
| Back / Chest Wax | 45 min | R345 |
| Hollywood** | 45 min | R345 |
| Full Leg | 45 min | R400 |

body treatments

INTEGRATIVE SLIMMING BY THALGO

Perfect Sculpt Slimming Massage 30 min R550

A deep massage resulting in the figure looking visibly reshaped and re-sculpted. Body contours appear significantly redefined and dimpled skin is smoothed.



spa experiences

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| Re-Energising Couples Journey | 1hr 30min per couple | R1 950 | 60min Aromatherapy Massage 15min Head Massage 15min Foot Massage | Mommy To Be | 2hrs 30min | R1100 | 60min Pregnancy Massage 30min On-The-Go Manicure 60min Deluxe spa Pedicure Snacks |
| Gents Executive Package | 2hrs 30min | R1 650 | 60 min Deep Tissue / Hot Stone Body Massage 60 min Thalgo Ocea Men's Facial 30 min Pressure Point Foot / Indian Head Massage | Spa Taster | 60 min | R760 | 30 min Back, Neck & Shoulder Massage 30 min Thalgo Illuminating Radiance Facial |
| Camelot Spa Personalised Journey | 2hrs 30min | R1 400 | Tailor-make a Wellness Journey especially for you. Choose from any of the treatments below, and spend your desired amount of time pampering your every need. 30 min: <ul style="list-style-type: none"> · Back, Neck & Shoulder Massage · Indian Head Massage · Pressure Point Foot Massage 60 min: <ul style="list-style-type: none"> · Swedish Body Massage · Aromatherapy Body Massage · Thalgo Spa Skin Facial · Deluxe Spa Pedicure <p>Please ensure when booking this package, you inform the receptionist which of the treatments you have chosen.</p> | Tween Petite Personalised Journey (children under the age of 12 only) | 60 min | R600 | Choose any three of the treatments below: <ul style="list-style-type: none"> · 20min Back, Neck & Shoulder Massage · 20min Booster Facial · 20min Revarnish Hands and Feet · 20min Hand Treatment · 20min Foot Treatment |

spa wellness memberships

Join Camelot Wellness today. Invest in yourself, feel better and stay well.

Annual Memberships*

(valid for 12 months)

R5100

R8500

R15 300

R20 400

*once off payment valid for one year

Once your membership miles are depleted, your membership will have to be renewed.

Membership can be used by more than one person.

Lower prices are charged during off-peak periods (Monday to Friday).

Joining fee of R100

Contact any of our spas for more information.

gift cards & vouchers

Spoil someone special with a Gift Card or an Electronic Voucher, ideal for any occasion.

Gift Cards are available for walk-in purchase from any Camelot Spa countrywide. Orders for delivery or electronic vouchers are dispatched from our Head Office Monday – Friday during office hours. No deliveries on Saturday & Sunday and orders for delivery on a Monday need to be placed before 12pm on Friday.

Deliveries possible within South Africa only, delivery to main centres takes 1 day.

Camelot Spa Gift Cards are valid for 3 years from date of issue. This does not apply to complimentary or prize vouchers.

cancellation policy

- 24 Hours advance notice is required for cancellations and rescheduling, if this is not adhered to, 50% of the treatment fee will be charged.
- Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.

spa essentials

- Booking in advance is recommended.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please alert your therapist for the following contra-indications:
 - High blood pressure or heart conditions
 - Recent surgery Muscle or joint injuries
 - Allergy to iodine, or product allergies
 - Pregnancy, Epilepsy or Diabetes
- In a spirit of mutual respect we kindly request punctuality.
- Ensure cellular/mobile phones are switched off.
- Spa guests aged 16 years and under must be accompanied by an adult.
- Prices are subject to change without notice.
- Gratuities are not included in the treatment price. It is at your discretion to add a gratuity for treatment excellence.
- CSpa Wellness is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spas are not refundable.
- Prices valid until 31 March 2019.
- All prices are inclusive of VAT.



contact us

CSPA WELLNESS BY CAMELOT AT DE ZALZE

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Strand Road, Winelands Golf Lodges at De Zalze Estate, Stellenbosch

