



# CAMELOT SPA

Your World Of Wellness



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## WELLNESS ASSESSMENTS

Enhance your wellness experience by enquiring about our complimentary Body Composition Analysis options.

## MASSAGE THERAPY

<b>Back, Neck and Shoulder Massage</b>	<b>30 mins</b>	<b>R310</b>
	<b>45 mins</b>	<b>R430</b>
	<b>60 mins</b>	<b>R590</b>

This massage helps relieve the tension in the neck, shoulders, upper and lower back.

<b>Indian Head Massage</b>	<b>30 mins</b>	<b>R310</b>
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A detoxifying massage treatment of the head, scalp, face, neck and shoulders. This is a deeply relaxing massage combined with stimulating techniques, bringing about many beneficial results.

<b>Pressure Point Foot Massage</b>	<b>30 mins</b>	<b>R310</b>
	<b>45 mins</b>	<b>R430</b>

Relax and balance the body through stimulation of pressure points situated on the feet.

<b>Swedish Body Massage</b>	<b>60 mins</b>	<b>R530</b>
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Provides a sense of well being, eases tense muscles and induces relaxation.

<b>Aromatherapy Massage</b>	<b>60 mins</b>	<b>R580</b>
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Aromatherapy combines the use of pure natural essential oils with healing therapeutic strokes.

<b>Deep Tissue Massage</b>	<b>60 mins</b>	<b>R610</b>
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A deep pressure massage to relieve tension and detoxify.

<b>Hot Stone Massage</b>	<b>60 mins</b>	<b>R610</b>
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This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body.

<b>Spa Taster</b>	<b>60 mins</b>	<b>R610</b>
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30 mins Back, Neck and Shoulder Massage  
30 mins Thalgo Spa Skin Booster Facial

### Pregnancy Massage

Mom To Be? Enquire about our Pregnancy Massage options and packages.

<b>Camelot Universal Signature Massage</b>	<b>60 mins</b>	<b>R630</b>
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A combination of Hot Stone, Kahuna, Balinese and Indian Head massage techniques for those who want to experience various types of massage. This massage incorporates the use of our unique massage candle, where the fragrance and softness of your skin lingers in your mind long after you have left the spa.

## ENHANCE YOUR MASSAGE WITH THE FOLLOWING ADDITIONS:

<b>Upgrade your massage with an extra 30mins</b>	<b>R250</b>
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<b>Add Hot Stones to your massage</b>	<b>R 80</b>
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<b>Add a Back Scrub</b>	<b>R 70</b>
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<b>Add Bellabaci Cups to your massage*</b>	<b>R 60</b>
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## SKIN CARE THERAPY CSPA AROMA WELLNESS

Based on Aromatherapy CSpa Aroma Wellness provide multi-sensory, results-driven treatments tailored to your needs.

<b>CSpa Basic Facial</b>	<b>30 mins</b>	<b>R320</b>
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CSpa's Aroma Wellness basic facial can be customised to all skin types and concerns. This facial excludes a massage.

<b>CSpa Hydrating, Rebalancing or Anti-Ageing Facial</b>	<b>60 mins</b>	<b>R550</b>
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## THALGO SKIN CARE

<b>Thalgo Spa Skin Booster Facial</b>	<b>30 mins</b>	<b>R380</b>
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<b>Thalgo Spa Skin Treatment</b>	<b>60 mins</b>	<b>R500</b>
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A revitalizing skin treatment for all skin types, designed to suit your skin's specific needs.

<b>Purity ThalgoMen Facial</b>	<b>45 mins</b>	<b>R550</b>
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Anti-Fatigue and energizing facial, specifically for men.

<b>Thalgo Ocea Men's Treatment</b>	<b>60 mins</b>	<b>R720</b>
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A detoxifying, revitalizing skin treatment for male skins. Instantaneous, visible results in reducing fine lines and improving hydration levels.

<b>Thalgo Micronized Marine Algae Facial</b>	<b>60 mins</b>	<b>R750</b>
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An intensive treatment for oily/combination skin. Deep cleansing and purifying. Promotes clearer skin, with a tighter skin surface and less visible pores.

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## Thalgo Hydra-Moisture Source Facial

60 mins R790

Suitable for any skin type, this facial featuring the Absolute Hydration range with marine ingredient Seve Marine, will combat signs of dehydration leaving the skin softer with improved skin texture.

## Thalgo Brightening Facial

60 mins R1350

This treatment lightens the complexion and reduces pigmentation marks. The skin appears visibly younger.

## Thalgo Hyaluronic Filler Facial

60 mins R1400

This unique zone to zone anti-ageing treatment uses Marine Hyaluronic acid molecules for a plumping, wrinkle-filling effect. These new generation patented extracts act in bio-affinity with the skin for controlled youthfulness and astounding results.

## Exceptional Ultime Facial\*\*

60 mins R1950

A luxury facial treatment which smoothes wrinkles, re-defines facial contours, re-positions slackened volumes and diminishes appearance of dark spots. The face regains its initial firmness, density and tone.

## THALGO EYE EXPERT TREATMENTS

Anti-Dark Circles & Puffiness Collagen Treatment R220

Anti-Wrinkle Hyaluronic Eye Treatment R295

## MEDI SPA

### DR GOBAC COSMECEUTICALS

Dr. Gobac Anti-Ageing Facial\* 60 mins R600

This facial uses a synergistic combination of bio-identical lipids, mild surfactants, known-effect botanicals, elastin and biologically advanced ingredients. The result is an immediate and long term improvement in skin texture, elasticity and tone, smoothed lines and wrinkles and a more youthful appearance.

### SPA BEAUTY TREATMENTS

The finishing touches for a healthy, well groomed, brand new you.

Medi-Hand Manicure 45 mins R270

Medi-Heel Add On 15 mins R 90

Medi-Heel Pedicure 45 mins R310

Nailcare & Gel Polish 45 mins R300

Gel Polish Add On 30 mins R175

Gel Polish Removal 15 mins R 80

Paraffin Wax 15 mins R100

Revarnish 15mins R110

Tint Brows 15 mins R 95

Tint Lashes 25 mins R120

Tint Lash & Brow 30 mins R165

Spray Tan\* 30 mins R290

## MANICURES & PEDICURES

On-The-Go Manicure 30 mins R160

On-The-Go Pedicure 30 mins R180

Deluxe Spa Manicure 60 mins R310

Deluxe Spa Pedicure 60 mins R350

On-The-Go Manicures/Pedicures include shaping of the nails, cuticle care, a hand/foot massage and varnishing of the nails. In addition to our basic manicure/pedicures, deluxe treatments include an exfoliation and nourishing paraffin wax application.

## PROFESSIONAL MAKE-UP\*

Make-Up Coaching 2 hrs R750

Make-Over or Occasion Make-Up 1 hr R500

Day Make-Up 30 mins R300

\*Availability varies according to Spa

## SPA BODY TREATMENTS

Salt Glow 30 mins R240

A mineral salt body exfoliation, which leaves the skin smooth and radiant.

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## BODY WRAPS

### CSpa Hydrating or Detox Wrap      45 mins      R440

This enchanting cocoon which includes an exfoliation helps you unwind, restore balance and comfort in the body. Hydrate with neroli and vanilla essential oils or detoxify with peppermint and rosemary essential oils.

### Thalgo Marine Algae Detox Wrap      60 mins      R760

A deeply relaxing body treatment, providing intensive remineralisation and detoxification. Ideal for skin conditions such as psoriasis, eczema, plus relieves muscular aches and strains.

### Thalgo LC24 with MMA\*\*      60 mins      R890

A body treatment incorporating LC24 massage techniques which stimulate the body to start slimming followed by our Micronised Marine Algae Wrap which leaves your body feeling detoxed and remineralised.

### Thalgo LC24 Contour Body Wrap\*\*      60 mins      R1100

This treatment envelops the body and is concentrated in active ingredients to fight cellulite and release impurities.

## HYDROTHERAPY

### CSpa Sensorial Shimmer Milk Hydrobath\*\*      30 mins      R220 per couple      R330

This sensorial shimmer milk bath is rich in vitamins. It is regenerating, rejuvenating and remineralising. The body indulges in pure pleasure and the skin is dusted in a shimmering veil.

### Thalgo Seaweed Detox Hydrobath\*\*      30 mins      R330 per couple      R500

Seaweed for mineral depletion as experienced by athletes or those suffering from stress. It detoxifies, balances and recharges the system.

### Rasul Self Application Treatment\*\*      30 mins      R330

The Rasul treatment is a detoxifying cleansing ritual. This self application of salt and mud detoxifies and rejuvenates the body.

### Floatation Therapy\*\*      30 mins      R275

The buoyancy of water and salt allows your body to float effortlessly as if in outer space or the Dead Sea. Escape into a state of complete relaxation and emerge with total wellness of mind, body and soul.

\*\*Facilities vary according to Spa, please enquire upon booking.

## WAXING

We offer a complete range of waxing services.

Please consult with your therapist to identify your specific needs and desired results.

<b>Lip / Chin / Brow</b>	<b>15 mins</b>	<b>R 95</b>
<b>Underarms / Sides of Face</b>	<b>20 mins</b>	<b>R140</b>
<b>Bikini / Half Arm</b>	<b>25 mins</b>	<b>R150</b>
<b>Brazilian</b>	<b>40 mins</b>	<b>R250</b>
<b>Hollywood*</b>	<b>45 mins</b>	<b>R 290</b>
<b>Half Leg / Full Arm/ Half Chest</b>	<b>30 mins</b>	<b>R210</b>
<b>3/4 Leg / Top of Legs</b>	<b>35 mins</b>	<b>R200</b>
<b>Full Leg</b>	<b>45 mins</b>	<b>R295</b>
<b>Back &amp; Chest Wax</b>	<b>45 mins</b>	<b>R270</b>

\*Availability varies according to Spa

## SPA EXPERIENCES

### Bali Spa Journey      2 hrs      R1050

The ritual begins with a Balinese Body Massage, followed by an invigorating scrub. A luxurious flower petal bath/shower and moisturizing with a fragrant lotion completes your journey.

### Bali Couples Treatment      2 hrs      R2050 per couple

Bali Spa Journey for two and a glass of bubbly.

### Gents Executive Package      2hrs 30mins      R1450

60 mins Deep Tissue / Hot Stone Body Massage

60 mins Thalgo Ocea Men's Facial

30 mins Foot Reflex / Indian Head Massage

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## Camelot Spa Personalised Journey **2hrs 30mins R950** **3hrs 30mins R1550**

Tailor-make a Wellness Journey especially for you. Choose from any of the treatments below, and spend two or three and a half hours pampering your every need.

- 30 mins: Back, Neck and Shoulder Massage  
Indian Head Massage  
Pressure Point Foot Massage  
Salt Glow Body Scrub  
CSpa Hydrating Body Wrap  
CSpa Detox Body Wrap  
Floatation Therapy  
Hydrobath  
Rasul Self Application Treatment
- 60 mins: Swedish Body Massage  
Aromatherapy Body Massage  
Thalgo Spa Skin Treatment  
Spa Manicure  
Spa Pedicure

Please ensure when booking this package, you inform the receptionist which of the treatments you have chosen.

## The Camelot Day Spa **5 hrs R2650**

- 60 mins CSpa Hydrating or Detox Body Wrap  
60 mins Camelot Signature Massage  
60 mins Spa Manicure  
60 mins Spa Pedicure  
60 mins Thalgo Spa Skin Treatment  
Light Spa Lunch  
Thalgo Amenity Pack

## CELEBRATIONS

### Camelot Spa-Ty **1hr 15mins R650pp**

- 30 mins Floatation Therapy or Pressure Point Foot Massage  
15 mins Indian Head Massage  
30 mins Back, Neck and Shoulder Massage  
Spa Snacks

### The Ultimate Event Spa-Ty **2hrs 30 mins R1350pp**

- 30 mins Indian Head Massage  
60 mins Swedish, Camelot Universal Signature or Aromatherapy Body Massage  
60 mins CSpa Hydrating or Rebalancing Facial  
Spa Snacks & Glass of Bubbly

### Teen Spa-Ty **1hr 15mins R600pp**

- 15 mins Foot Massage  
30 mins Back, Neck and Shoulder Massage or CSpa Facial  
30 mins Revarnish Hands & Feet  
Spa Snacks

## Bridal Packages

Enquire about our tailor made Bridal packages.

## CANCELLATION POLICY

- 48 Hours advance notice is required for cancellations and rescheduling, if this is not adhered to, 50% of the treatment fee will be charged.
- Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.

## SPA ESSENTIALS

- Treatments marked \*\* are not available at all Camelot Spas, please enquire upon booking.
- Booking in advance is recommended.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please alert your therapist for the following contra-indications:
  - High blood pressure or heart conditions
  - Recent surgery Muscle or joint injuries
  - Allergy to iodine, or product allergies
  - Pregnancy, Epilepsy or Diabetes
- In a spirit of mutual respect we kindly request punctuality.
- Ensure cellular/mobile phones are switched off.
- Prices are subject to change without notice.
- Gratuities are not included in the treatment price. It is at your discretion to add a gratuity for treatment excellence.
- Camelot Spa is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spas are not refundable.

## SPA WELLNESS MEMBERSHIPS

Join Camelot Wellness today. Invest in yourself, feel better and stay well. Contact any of our spas for membership options.

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AFRICA'S #1 SPA WELLNESS EXPERIENCE

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