

CAMELOT SPA[®]

Your World Of Wellness

MASSAGE THERAPY

Back, Neck and Shoulder Massage	30 min	R370
	45 min	R510
	60 min	R620

This massage helps relieve the tension in the neck, shoulders, upper and lower back.

Indian Head Massage	30 min	R370
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A detoxifying massage treatment of the head, scalp, face, neck and shoulders. This is a deeply relaxing massage combined with stimulating techniques, bringing about many beneficial results.

Pressure Point Foot Massage	30 min	R370
	45 min	R510

Relax and balance the body through stimulation of pressure points situated on the feet.

Swedish Body Massage	60 min	R620
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Provides a sense of well being, eases tense muscles and induces relaxation.

Aromatherapy Massage	60 min	R680
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Promotes healing, well-being and relaxation using pure essential oils and light massage strokes.

Deep Tissue Massage	60 min	R680
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A deep pressure massage to relieve tension and detoxify.

Hot Stone Massage	60 min	R680
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This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body.

Spa Taster	60 min	R680
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30 min Back, Neck and Shoulder Massage
30 min Thalgo Illuminating Radiance Facial

Camelot Universal Signature Massage	60 min	R710
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A combination of Hot Stone, Kahuna, Balinese and Indian Head massage techniques for those who want to experience various types of massage. This massage incorporates the use of our unique massage candle, where the fragrance and softness of your skin lingers in your mind long after you have left the spa.

ENHANCE YOUR MASSAGE WITH THE FOLLOWING ADDITIONS:

Upgrade your 60min massage with an extra 30min	R270
Add Hot Stones to your massage	R 90
Add a Back Scrub	R 90
Add Bellabaci Cups to your massage**	R 80

SKIN CARE THERAPY

CSPA AROMA WELLNESS

CSpa Aroma Facial	30 min	R360
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CSpa's Aroma Wellness basic facial can be customised to all skin types and concerns.

CSpa Hydrating, Rebalancing or Anti-Ageing Facial	60 min	R600
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This multi-sensory, results driven skin treatment includes a luxurious facial massage and an Aroma serum (either Hydra-Boosting, Age-Defying or Oily/Combination Rebalancing) to suit your skins main concerns.

THALGO SKIN CARE

Thalgo Illuminating Radiance Facial	30 min	R470
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Unlock the secret to perfect radiance with a treat of sensoriality and effectiveness resulting in skin luminosity.

Thalgo Spa Skin Facial	60 min	R640
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This classic facial is tailored to meet the specific needs of all skin types. Two treatment options (i.e. Source Marine or Cold Cream Marine Ritual).

Thalgo Deep Cleansing Facial	60 min	R640
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Specifically designed for combination to oily skin, this Puret  Marine treatment reduces imperfections, redefines pores and controls shine; with the optional inclusion of extractions.

Purity ThalgoMen Facial	45 min	R640
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Wake up and energise tired skin. Includes a full cleanse, scrub, energising digito-pressure massage and anti-fatigue mask resulting in clearer skin.

Thalgo Ocea Men's Treatment	60 min	R870
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Whether your concern is dehydration, dryness, sensitivity or oiliness, this treatment provides a tailored solution for the male skin. Treatment includes a relaxing massage, leaving the skin revitalised and perfectly balanced.

Thalgo Micronized Marine Algae Facial	60 min	R850
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The Thalgo exclusive Thalassotherapy-inspired facial for oily/combination skin, uses the power of micronised marine algae, to rebalance and remineralise the skin leaving it clearer and purified.

Thalgo Source Marine Hydrating Facial	60 min	R880
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This facial corrects the hydration levels of the skin, deeply replenishing and restoring the skin's velvety-smooth feel and radiance. This treatment includes a revitalizing Infusion mask.

HYDROTHERAPY

CSpa Sensorial Shimmer Milk Hydrobath**

30 min **R270**
per couple **R350**

This sensorial shimmer milk bath is rich in vitamins. It is regenerating, rejuvenating and remineralising. Leaves the skin dusted in a shimmering veil.

Thalgo Seaweed Detox Hydrobath**

30 min **R580**
per couple **R630**

A Warm bath soak of Micronised Marine Algae helps to detox and re-mineralize the body, addressing overweight and cellulite conditions. Used as a slimming booster bath.

Rasul Self Application Treatment** 30 min R330

The Rasul treatment is a detoxifying cleansing ritual. This self-application of salt and mud detoxifies and rejuvenates the body leaving the skin satin smooth.

Floatation Therapy** 30 min R275

The buoyancy of water and salt allows your body to float effortlessly as if in outer space or the Dead Sea. Escape into a state of complete relaxation and emerge with total wellness of mind, body and soul.

**Facilities & treatments vary according to Spa, please enquire upon booking. Floatation Therapy available at Le Franschoek and San Lameer only.

WAXING

We offer a complete range of waxing services. Please consult with your therapist to identify your specific needs and desired results.

Lip / Chin / Brow	15 min	R120
Underarms / Sides of Face	20 min	R170
Full Face	30 min	R280
Bikini / Half Arm	25 min	R180
Brazilian	40 min	R280
Hollywood**	45 min	R320
Half Leg / Full Arm / Half Chest	30 min	R250
Full Leg	45 min	R370
Back / Chest Wax	45 min	R320

SPA EXPERIENCES

Thalgo Polynesia Spa Ritual 1hrs 30min R1200

The Polynesian Ritual takes you on a journey of relaxation filled with fragrances and colours from the pacific. This intoxicating body journey includes a scrub, hydrobath and an indulgent massage.

Polynesia Couples Treatment 1hrs 30min R2230 per couple

Polynesia Spa Ritual for two and a glass of bubbly.

Gents Executive Package 2hrs 30min R1550

60 min Deep Tissue / Hot Stone Body Massage
60 min Thalgo Ocea Men's Facial
30 min Foot Reflex / Indian Head Massage

Camelot Spa Personalised Journey 2hrs 30min R1300 3hrs 30min R1750

Tailor-make a Wellness Journey especially for you. Choose from any of the treatments below, and spend two or three and a half hours pampering your every need.

30 min:

Back, Neck and Shoulder Massage
Indian Head Massage
Pressure Point Foot Massage
Salt Glow Body Scrub
CSpa Hydrating Body Wrap
CSpa Detox Body Wrap
Hydrobath
Rasul Self Application Treatment

60 min:

Swedish Body Massage
Aromatherapy Body Massage
Thalgo Spa Skin Facial
Spa Pedicure

Please ensure when booking this package, you inform the receptionist which of the treatments you have chosen.

The Camelot Day Spa 5 hrs R2950

60 min CSpa Hydrating or Detox Body Wrap
60 min Camelot Universal Signature Massage
60 min Spa Manicure
60 min Spa Pedicure
60 min Thalgo Spa Skin Facial
Light Spa Lunch
Thalgo Amenity Pack

CELEBRATIONS

Camelot Spa-Ty (min. 4 people) **1hr 15min** **R800pp**
30 min Floatation Therapy or Pressure Point Foot Massage
15 min Indian Head Massage
30 min Back, Neck and Shoulder Massage
Spa Snacks

Bride To Be **4 hrs** **R1900pp**
60 min Gelish Manicure
60 min Gelish Pedicure
60 min Thalgo Source Marine Hydrating Facial
60 min Camelot Universal Signature Massage

Teen Spa-Ty **1hr 15min** **R700pp**
15 min Foot Massage
30 min Back, Neck and Shoulder Massage or CSpa Facial
30 min Revarnish Hands & Feet
Spa Snacks

WELLNESS ASSESSMENTS

Enhance your wellness experience by enquiring about our **complimentary Body Composition Analysis** options.

CANCELLATION POLICY

- 24 Hours advance notice is required for cancellations and rescheduling, if this is not adhered to, 50% of the treatment fee will be charged.
- Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.

SPA ESSENTIALS

- Treatments marked ** are not available at all Camelot Spas, please enquire upon booking.
- Booking in advance is recommended.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please alert your therapist for the following contra-indications:
 - High blood pressure or heart conditions
 - Recent surgery Muscle or joint injuries
 - Allergy to iodine, or product allergies
 - Pregnancy, Epilepsy or Diabetes
- In a spirit of mutual respect we kindly request punctuality.
- Ensure cellular/mobile phones are switched off.
- Spa guests aged 16 years and under must be accompanied by an adult.
- Prices are subject to change without notice.
- Gratuities are not included in the treatment price. It is at your discretion to add a gratuity for treatment excellence.
- Camelot Spa is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spas are not refundable.

SPA WELLNESS MEMBERSHIPS

Join Camelot Wellness today. Invest in yourself, feel better and stay well.

How Your Membership Works

Step 1: Full body composition analysis.

Step 2: Choose your personalised membership plan suited to your Wellness and Lifestyle goals.

Step 3: Points are loaded monthly and are redeemable at Camelot Spas countrywide.

Monthly Packages

(per month - minimum 3 months joining period)

Diamond	R1020
Gold	R1530
Platinum	R2040

Annual Memberships*

(valid for 12 months)

R5100

R6800

R8500

*once off payment valid for one year

Joining fee of R100

Contact any of our spas for more information.

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Protea Hotel Midrand

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The Capital Moloko

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The InterContinental

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The Marion on Nicol

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The Regent

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KWAZULU-NATAL

San Lameer Resort Hotel & Spa

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Main Road, San Lameer, Southbroom

Pearls Mall, Umhlanga

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thepearls@camelotspa.co.za

6 - 8 Lagoon Drive, Umhlanga Rocks

WESTERN CAPE

Lagoon Beach Hotel

+27 (0) 21 528 2017

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1 Lagoon Gate Drive, Milnerton, Cape Town

Le Franschhoek Hotel & Spa

+27 (0) 21 876 2735

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16 Minor Road, Franschhoek

Southern Sun Cape Sun

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23 Strand Street, Cape Town

The Table Bay Hotel

+27 (0) 21 406 5904

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Quay 6, V&A Waterfront, Cape Town

EASTERN CAPE

Radisson Blu Hotel

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Royal St. Andrews Hotel

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INTERNATIONAL

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The Grand Palm*

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President Walmont Hotel*

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***Please request Price Lists for the selected International Branches as prices differ.**

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