



CAMELOT SPA

Your World Of Wellness



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WELLNESS ASSESSMENTS

Enhance your wellness experience by enquiring about our complimentary Body Composition Analysis options.

MASSAGE THERAPY

Back, Neck and Shoulder Massage	30 min	R350
	45 min	R480
	60 min	R590

This massage helps relieve the tension in the neck, shoulders, upper and lower back.

Indian Head Massage	30 min	R350
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A detoxifying massage treatment of the head, scalp, face, neck and shoulders. This is a deeply relaxing massage combined with stimulating techniques, bringing about many beneficial results.

Pressure Point Foot Massage	30 min	R350
	45 min	R480

Relax and balance the body through stimulation of pressure points situated on the feet.

Swedish Body Massage	60 min	R590
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Provides a sense of well being, eases tense muscles and induces relaxation.

Aromatherapy Massage	60 min	R650
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Aromatherapy combines the use of pure natural essential oils with healing, soft therapeutic strokes.

Deep Tissue Massage	60 min	R650
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A deep pressure massage to relieve tension and detoxify.

Hot Stone Massage	60 min	R650
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This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body.

Spa Taster	60 min	R650
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30 mins Back, Neck and Shoulder Massage
30 mins Thalgo Radiance Facial

Camelot Universal Signature Massage	60 min	R680
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A combination of Hot Stone, Kahuna, Balinese and Indian Head massage techniques for those who want to experience various types of massage. This massage incorporates the use of our unique massage candle, where the fragrance and softness of your skin lingers in your mind long after you have left the spa.

ENHANCE YOUR MESSAGE WITH THE FOLLOWING ADDITIONS:

Upgrade your 60min massage with an extra 30min	R250
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Add Hot Stones to your massage	R 80
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Add a Back Scrub	R 70
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Add Bellabaci Cups to your massage**	R 60
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SKIN CARE THERAPY

CSPA AROMA WELLNESS

Based on Aromatherapy, CSpa Aroma Wellness provides multi-sensory, results-driven treatments tailored to your needs.

CSpa Aroma Facial	30 min	R340
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CSpa's Aroma Wellness basic facial can be customised to all skin types and concerns. This facial excludes a massage.

CSpa Hydrating, Rebalancing or Anti-Ageing Facial	60 min	R580
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THALGO SKIN CARE

Thalgo Radiance Facial	30 min	R440
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Thalgo Invigorating Facial	60 min	R600
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A revitalizing skin treatment for all skin types, designed to suit your skin's specific needs.

Thalgo Deep Cleansing Facial	60 min	R600
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Purity ThalgoMen Facial	45 min	R600
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Anti-Fatigue and energizing facial, specifically for men.

Thalgo Ocea Men's Treatment	60 min	R820
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A detoxifying, revitalizing skin treatment for male skins. Instantaneous, visible results in reducing fine lines and improving hydration levels.

Thalgo Micronized Marine Algae Facial	60 min	R800
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An intensive treatment for oily/combo skin. Deep cleansing and purifying. Promotes clearer skin, with a tighter skin surface and less visible pores.

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Thalgo Source Marine Hydrating Facial

60 min R850

Suitable for any skin type, this facial featuring the Absolute Hydration range with marine ingredient Seve Marine, will combat signs of dehydration leaving the skin softer with improved skin texture.

Thalgo Brightening Facial

60 min R1500

This treatment lightens the complexion and reduces pigmentation marks. The skin appears visibly younger.

Thalgo Hyaluronic Filler Facial

60 min R1600

This unique zone to zone anti-ageing treatment uses Marine Hyaluronic acid molecules for a plumping, wrinkle-filling effect. These new generation patented extracts act in bio-affinity with the skin for controlled youthfulness and astounding results.

Exceptional Ultime Facial**

60 min R2100

A luxury facial treatment which smoothes wrinkles, re-defines facial contours, re-positions slackened volumes and diminishes appearance of dark spots. The face regains its initial firmness, density and tone.

THALGO EYE EXPERT TREATMENTS

Anti-Dark Circles & Puffiness Collagen Treatment R250

Anti-Wrinkle Hyaluronic Eye Treatment R340

MEDI SPA

MCEUTIC BY THALGO

MCEutic Renovation Radicale Treatment**

30 min R800
60 min R1200

This innovative and results driven treatment, incorporating a peel, allows for Pure Marine Mésolift and Neo-Skin to penetrate the deepest layers of the skin with no down time. Designed to target the cause of imperfections and irregularities such as blemishes, scarring, enlarged pores, uneven skin tone and texture resulting in significantly improved skin quality and a clearer, more radiant complexion.

DR GOBAC COSMECEUTICALS

Dr. Gobac Anti-Ageing Facial**

60 min R650

This facial uses a synergistic combination of bio-identical lipids, mild surfactants, known-effect botanicals, elastin and biologically advanced ingredients. The result is an immediate and long term improvement in skin texture, elasticity and tone, smoothed lines and wrinkles and a more youthful appearance.

SPA BEAUTY TREATMENTS

The finishing touches for a healthy, well groomed, brand new you.

Tint Lashes 25 min R120

Tint Brows 15 min R 90

Tint Lash & Brow 30 min R150

Spray Tan** 30 min R350

MANICURES & PEDICURES

MediHeel Add On 15 min R 95

Paraffin Wax 15 min R100

Revarnish 15min R180

On-The-Go Manicure 30 min R250

On-The-Go Pedicure 30 min R250

Deluxe Spa Manicure 60 min R350

Deluxe Spa Pedicure 60 min R380

Gel Polish Removal (When Applying New Set) 20 min R 80

Gel Polish Removal 30 min R120

Nailcare & Gel Polish 45 min R300

Gelish Manicure 60 min R400

Gelish Pedicure 60 min R450

On-The-Go Manicures/Pedicures include shaping of the nails, cuticle care, a hand/foot massage and varnishing of the nails. In addition to our basic manicure/pedicures, deluxe treatments include an exfoliation and nourishing paraffin wax application.

SPA BODY TREATMENTS

Salt Glow 30 min R280

A mineral salt body exfoliation, which leaves the skin smooth and radiant.

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BODY WRAPS

CSpa Hydrating or Detox Wrap 45 min R500

This enchanting cocoon which includes an exfoliation helps you unwind, restore balance and comfort in the body. Hydrate with neroli and vanilla essential oils or detoxify with peppermint and rosemary essential oils.

Thalgo Marine Algae Detox Wrap 60 min R800

A deeply relaxing body treatment, providing intensive remineralisation and detoxification. Ideal for skin conditions such as psoriasis, eczema, plus relieves muscular aches and strains.

INTEGRATIVE SLIMMING BY THALGO

High Precision Shaping Treatment 60 min R1500**

The 1st corrective treatment that targets the 2 types of fat- superficial and stubborn fat - at the origin of "dimples", unwanted curves and skin slackening.

Perfect Sculpt Slimming Massage 30 min R480**

Session after session, the figure looks visibly reshaped and re-sculpted. Body contours appear significantly redefined and dimpled skin is smoothed.

HYDROTHERAPY

CSpa Sensorial Shimmer Milk Hydrobath 30 min R250 per couple R330**

This sensorial shimmer milk bath is rich in vitamins. It is regenerating, rejuvenating and remineralising. The body indulges in pure pleasure and the skin is dusted in a shimmering veil.

Thalgo Seaweed Detox Hydrobath 30 min R450 per couple R500**

Seaweed for mineral depletion as experienced by athletes or those suffering from stress. It detoxifies, balances and recharges the system.

Rasul Self Application Treatment 30 min R330**

The Rasul treatment is a detoxifying cleansing ritual. This self application of salt and mud detoxifies and rejuvenates the body.

Floatation Therapy 30 min R275**

The buoyancy of water and salt allows your body to float effortlessly as if in outer space or the Dead Sea. Escape into a state of complete relaxation and emerge with total wellness of mind, body and soul.

**Facilities & treatments vary according to Spa, please enquire upon booking.

WAXING

We offer a complete range of waxing services.

Please consult with your therapist to identify your specific needs and desired results.

Lip / Chin / Brow	15 min	R110
Underarms / Sides of Face	20 min	R160
Bikini / Half Arm	25 min	R170
Brazilian	40 min	R260

Hollywood**	45 min	R300
Half Leg / Full Arm/ Half Chest	30 min	R230
Full Leg	45 min	R350
Back & Chest Wax	45 min	R300

SPA EXPERIENCES

Thalgo Polynesia Spa Ritual 1 hrs 30min R1100

Experience Polynesia, the exotic sensorial spa ritual inspired by four of the most beautiful islands hidden in the heart of the Pacific Ocean. This luxurious treatment begins with an azure bath to protect and hydrate the skin. Next, the Exotic Island Body Scrub, a gentle vanilla-scented full body scrub blended with pure white sand from Bora Bora, sea salt, coconut shell and algo-monoï. The Mahana Massage incorporates a rhythmic Lomi-Lomi massage using warm sand pouches to loosen muscles and nourish the skin. Finally, Polynesian Sacred Oil is swept over the skin; its subtle golden pearls leave a sun-kissed glow and a delicate scent of flowers and monoï.

Polynesia Couples Treatment 1 hrs 30min R2100 per couple

Polynesia Spa Ritual for two and a glass of bubbly.

Gents Executive Package 2hrs 30min R1450

60 mins Deep Tissue / Hot Stone Body Massage
60 mins Thalgo Ocea Men's Facial
30 mins Foot Reflex / Indian Head Massage

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Camelot Spa Personalised Journey **2hrs 30min R1150**
3hrs 30min R1600

Tailor-make a Wellness Journey especially for you. Choose from any of the treatments below, and spend two or three and a half hours pampering your every need.

30 mins: Back, Neck and Shoulder Massage
 Indian Head Massage
 Pressure Point Foot Massage
 Salt Glow Body Scrub
 CSpa Hydrating Body Wrap
 CSpa Detox Body Wrap
 Floatation Therapy
 Hydrobath
 Rasul Self Application Treatment

60 mins: Swedish Body Massage
 Aromatherapy Body Massage
 Thalgo Invigorating Facial
 Spa Pedicure

Please ensure when booking this package, you inform the receptionist which of the treatments you have chosen.

The Camelot Day Spa **5 hrs** **R2800**

60 mins CSpa Hydrating or Detox Body Wrap
 60 mins Camelot Universal Signature Massage
 60 mins Spa Manicure
 60 mins Spa Pedicure
 60 mins Thalgo Invigorating Facial
 Light Spa Lunch
 Thalgo Amenity Pack

CELEBRATIONS

Camelot Spa-Ty (min. 4 people) **1hr 15min** **R700pp**

30 mins Floatation Therapy or Pressure Point Foot Massage
 15 mins Indian Head Massage
 30 mins Back, Neck and Shoulder Massage
 Spa Snacks

Bride To Be **4 hrs** **R1800pp**

Gelish Manicure
 Gelish Pedicure
 60 mins Thalgo Source Marine Hydrating Facial
 60 mins Camelot Universal Signature Massage

Teen Spa-Ty **1hr 15min** **R650pp**

15 mins Foot Massage
 30 mins Back, Neck and Shoulder Massage or CSpa Facial
 30 mins Revarnish Hands & Feet
 Spa Snacks

CANCELLATION POLICY

- 24 Hours advance notice is required for cancellations and rescheduling, if this is not adhered to, 50% of the treatment fee will be charged.
- Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.

SPA ESSENTIALS

- Treatments marked ** are not available at all Camelot Spas, please enquire upon booking.
- Booking in advance is recommended.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please alert your therapist for the following contra-indications:
 - High blood pressure or heart conditions
 - Recent surgery Muscle or joint injuries
 - Allergy to iodine, or product allergies
 - Pregnancy, Epilepsy or Diabetes
- In a spirit of mutual respect we kindly request punctuality.
- Ensure cellular/mobile phones are switched off.
- Spa guests aged 16 years and under must be accompanied by an adult.
- Prices are subject to change without notice.
- Gratuities are not included in the treatment price. It is at your discretion to add a gratuity for treatment excellence.
- Camelot Spa is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spas are not refundable.

SPA WELLNESS MEMBERSHIPS

Join Camelot Wellness today. Invest in yourself, feel better and stay well. Contact any of our spas for membership options.

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AFRICA'S #1 SPA WELLNESS EXPERIENCE

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