

# CAMELOT SPA<sup>®</sup>

Your World Of Wellness



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### WELLNESS ASSESSMENTS

Enhance your wellness experience by enquiring about our complimentary Body Composition Analysis options.

### MASSAGE THERAPY

|  |                |             |
|--|----------------|-------------|
| <b>Back, Neck and Shoulder Massage</b> | <b>30 mins</b> | <b>R310</b> |
|  | <b>45 mins</b> | <b>R430</b> |
|  | <b>60 mins</b> | <b>R590</b> |

This massage helps relieve the tension in the neck, shoulders, upper and lower back.

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|----------------------------|----------------|-------------|
| <b>Indian Head Massage</b> | <b>30 mins</b> | <b>R310</b> |
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A detoxifying massage treatment of the head, scalp, face, neck and shoulders. This is a deeply relaxing massage combined with stimulating techniques, bringing about many beneficial results.

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| <b>Pressure Point Foot Massage</b> | <b>30 mins</b> | <b>R310</b> |
|                                    | <b>45 mins</b> | <b>R430</b> |

Relax and balance the body through stimulation of pressure points situated on the feet.

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| <b>Swedish Body Massage</b> | <b>60 mins</b> | <b>R530</b> |
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Provides a sense of well being, eases tense muscles and induces relaxation.

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| <b>Aromatherapy Massage</b> | <b>60 mins</b> | <b>R580</b> |
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Aromatherapy combines the use of pure natural essential oils with healing therapeutic strokes.

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| <b>Deep Tissue Massage</b> | <b>60 mins</b> | <b>R610</b> |
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A deep pressure massage to relieve tension and detoxify.

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| <b>Hot Stone Massage</b> | <b>60 mins</b> | <b>R610</b> |
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This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body.

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| <b>Spa Taster</b> | <b>60 mins</b> | <b>R610</b> |
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30 mins Back, Neck and Shoulder Massage  
30 mins Thalgo Spa Skin Booster Facial

#### Pregnancy Massage

Mom To Be? Enquire about our Pregnancy Massage options and packages.

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| <b>Camelot Universal Signature Massage</b> | <b>60 mins</b> | <b>R630</b> |
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A combination of Hot Stone, Kahuna, Balinese and Indian Head massage techniques for those who want to experience various types of massage. This massage incorporates the use of our unique massage candle, where the fragrance and softness of your skin lingers in your mind long after you have left the spa.

### ENHANCE YOUR MASSAGE WITH THE FOLLOWING ADDITIONS:

|  |             |
|--|-------------|
| <b>Upgrade your massage with an extra 30mins</b> | <b>R250</b> |
| <b>Add Hot Stones to your massage</b>            | <b>R 80</b> |
| <b>Add a Back Scrub</b>                          | <b>R 70</b> |
| <b>Add Bellabaci Cups to your massage*</b>       | <b>R 60</b> |

### SKIN CARE THERAPY

#### CSPA AROMA WELLNESS

Based on Aromatherapy CSpa Aroma Wellness provide multi-sensory, results-driven treatments tailored to your needs.

|                          |                |             |
|--------------------------|----------------|-------------|
| <b>CSpa Basic Facial</b> | <b>30 mins</b> | <b>R320</b> |
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CSpa's Aroma Wellness basic facial can be customised to all skin types and concerns. This facial excludes a massage.

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| <b>CSpa Hydrating, Rebalancing or Anti-Ageing Facial</b> | <b>60 mins</b> | <b>R550</b> |
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#### THALGO SKIN CARE

|                                       |                |             |
|---------------------------------------|----------------|-------------|
| <b>Thalgo Spa Skin Booster Facial</b> | <b>30 mins</b> | <b>R380</b> |
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|                                  |                |             |
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| <b>Thalgo Spa Skin Treatment</b> | <b>60 mins</b> | <b>R500</b> |
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A revitalizing skin treatment for all skin types, designed to suit your skin's specific needs.

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| <b>Purity ThalgoMen Facial</b> | <b>45 mins</b> | <b>R550</b> |
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Anti-Fatigue and energizing facial, specifically for men.

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| <b>Thalgo Ocea Men's Treatment</b> | <b>60 mins</b> | <b>R720</b> |
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A detoxifying, revitalizing skin treatment for male skins. Instantaneous, visible results in reducing fine lines and improving hydration levels.

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| <b>Thalgo Micronized Marine Algae Facial</b> | <b>60 mins</b> | <b>R750</b> |
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An intensive treatment for oily/combination skin. Deep cleansing and purifying. Promotes clearer skin, with a tighter skin surface and less visible pores.

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## Thalgo Hydra-Moisture Source Facial

60 mins R790

Suitable for any skin type, this facial featuring the Absolute Hydration range with marine ingredient Seve Marine, will combat signs of dehydration leaving the skin softer with improved skin texture.

## Thalgo Brightening Facial

60 mins R1350

This treatment lightens the complexion and reduces pigmentation marks. The skin appears visibly younger.

## Thalgo Hyaluronic Filler Facial

60 mins R1400

This unique zone to zone anti-ageing treatment uses Marine Hyaluronic acid molecules for a plumping, wrinkle-filling effect. These new generation patented extracts act in bio-affinity with the skin for controlled youthfulness and astounding results.

## Exceptional Ultime Facial\*\*

60 mins R1950

A luxury facial treatment which smoothes wrinkles, re-defines facial contours, re-positions slackened volumes and diminishes appearance of dark spots. The face regains its initial firmness, density and tone.

## THALGO EYE EXPERT TREATMENTS

### Anti-Dark Circles & Puffiness Collagen Treatment

R220

### Anti-Wrinkle Hyaluronic Eye Treatment

R295

## MEDI SPA

### DR GOBAC COSMECEUTICALS

#### Dr. Gobac Anti-Ageing Facial\*

60 mins R600

This facial uses a synergistic combination of bio-identical lipids, mild surfactants, known-effect botanicals, elastin and biologically advanced ingredients. The result is an immediate and long term improvement in skin texture, elasticity and tone, smoothed lines and wrinkles and a more youthful appearance.

## SPA BEAUTY TREATMENTS

The finishing touches for a healthy, well groomed, brand new you.

#### Medi-Hand Manicure

45 mins R270

#### Medi-Heel Add On

15 mins R 90

#### Medi-Heel Pedicure

45 mins R310

#### Nailcare & Gel Polish

45 mins R300

#### Gel Polish Add On

30 mins R175

#### Gel Polish Removal

15 mins R 80

#### Paraffin Wax

15 mins R100

#### Revarnish

15mins R110

#### Tint Brows

15 mins R 95

#### Tint Lashes

25 mins R120

#### Tint Lash & Brow

30 mins R165

#### Spray Tan\*

30 mins R290

## MANICURES & PEDICURES

### On-The-Go Manicure

30 mins R160

### On-The-Go Pedicure

30 mins R180

### Deluxe Spa Manicure

60 mins R310

### Deluxe Spa Pedicure

60 mins R350

On-The-Go Manicures/Pedicures include shaping of the nails, cuticle care, a hand/foot massage and varnishing of the nails. In addition to our basic manicure/pedicures, deluxe treatments include an exfoliation and nourishing paraffin wax application.

## BODYOGRAPHY PROFESSIONAL MAKE-UP\*

### Make-Up Coaching

2 hrs R750

### Make-Over or Occasion Make-Up

1 hr R500

### Day Make-Up

30 mins R300

Rich in anti-ageing and skin regenerating ingredients, Bodyography make-up provides excellent long lasting coverage. Not tested on animals.

\*Availability varies according to Spa

## SPA BODY TREATMENTS

### Salt Glow

30 mins R240

A mineral salt body exfoliation, which leaves the skin smooth and radiant.



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## Camelot Spa Personalised Journey

**2 hrs 30 mins**      **R1450**  
**3 hrs 30 mins**      **R1700**

Tailor-make a Wellness Journey especially for you. Choose from any of the treatments below, and spend two or three and a half hours pampering your every need.

- 30 mins: Back, Neck and Shoulder Massage  
 Indian Head Massage  
 Pressure Point Foot Massage  
 Salt Glow Body Scrub  
 CSpa Hydrating Body Wrap  
 CSpa Detox Body Wrap  
 Floatation Therapy  
 Hydrobath  
 Rasul Self Application Treatment
- 60 mins: Swedish Body Massage  
 Aromatherapy Body Massage  
 Thalgo Spa Skin Treatment  
 Spa Manicure  
 Spa Pedicure

Please ensure when booking this package, you inform the receptionist which of the treatments you have chosen.

**The Camelot Day Spa**      **5 hrs**      **R2650**

- 60 mins CSpa Hydrating or Detox Body Wrap  
 60 mins Camelot Signature Massage  
 60 mins Spa Manicure  
 60 mins Spa Pedicure  
 60 mins Thalgo Spa Skin Treatment  
 Light Spa Lunch  
 Thalgo Amenity Pack

## CELEBRATIONS

**Camelot Spa-Ty**      **1 hr 15 mins**      **R650pp**

- 30 mins Floatation Therapy or Pressure Point Foot Massage  
 15 mins Indian Head Massage  
 30 mins Back, Neck and Shoulder Massage  
 Spa Snacks

**The Ultimate Event Spa-Ty**      **2 hrs 30 mins**      **R1350pp**

- 30 mins Indian Head Massage  
 60 mins Swedish, Camelot Universal or Aromatherapy Body Massage  
 60 mins CSpa Hydrating or Rebalancing Facial  
 Spa Snacks & Glass of Bubbly

**Teen Spa-Ty**      **1 hr 15 mins**      **R600pp**

- 15 mins Foot Massage  
 30 mins Back, Neck and Shoulder Massage or CSpa Facial  
 30 mins Revarnish Hands & Feet  
 Spa Snacks

## Bridal Packages

Enquire about our tailor made Bridal packages.

## CANCELLATION POLICY

- 48 Hours advance notice is required for cancellations and rescheduling, if this is not adhered to, 50% of the treatment fee will be charged.
- Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.

## SPA ESSENTIALS

- Treatments marked \*\* are not available at all Camelot Spas, please enquire upon booking.
- Booking in advance is recommended.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please alert your therapist for the following contra-indications:
  - High blood pressure or heart conditions
  - Recent surgery Muscle or joint injuries
  - Allergy to iodine, or product allergies
  - Pregnancy, Epilepsy or Diabetes
- In a spirit of mutual respect we kindly request punctuality.
- Ensure cellular/mobile phones are switched off.
- Prices are subject to change without notice.
- Gratuities are not included in the treatment price. It is at your discretion to add a gratuity for treatment excellence.
- Camelot Spa is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spas are not refundable.

## SPA WELLNESS MEMBERSHIPS

Join Camelot Wellness today. Invest in yourself, feel better and stay well. Contact any of our spas for membership options.

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**AFRICA'S #1 SPA WELLNESS EXPERIENCE**

+27 (0)11 880 3850 or 086 111 4075  
info@camelotspa.co.za [www.camelotspa.co.za](http://www.camelotspa.co.za)