Camelot Spa
Your World Of Wellness

REJUVENATE · DETOX · RELAX

The ethos of Camelot Spa is centred on restoring equilibrium, awakening the senses, and igniting a sense of blissful tranquillity.

Discover a renewed sense of health and wellness at our serene sanctuaries countrywide – Since 1997

MASSAGE THERAPY

Camelot Universal Signature Massage
60 min ▪ R1 130 | 90 min ▪ R1 570

A combination of Hot Stone, Kahuna, Balinese and Indian Head massage techniques for those who want to experience various types of massage. This massage incorporates the use of our unique massage candle, where the fragrance and softness of your skin lingers in your mind long after you have left the spa.

Aromatherapy Massage
60 min ▪ R1 060 | 90 min ▪ R1 500

Promotes healing, well-being and relaxation using pure essential oils and light massage strokes.

Deep Tissue Massage
60 min ▪ R1 080 | 90 min ▪ R1 520

A deep pressure massage to relieve tension and detoxify.

Hot Stone Massage
60 min ▪ R1 060 | 90 min ▪ R1 500

This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body.

Signature CBD Wellness Massage**
60 min ▪ R1 060 | 90 min ▪ R1 500

Begin your therapeutic journey with a shot of CBD oil to encourage a sense of serenity, followed by a relaxing full body massage incorporating CBD oil. This signature treatment is designed to decrease pain and inflammation whilst super-charging the immune system and promoting restorative sleep.

Swedish Body Massage
60 min ▪ R990 | 90 min ▪ R1 430

Incorporates light to medium pressure, long, smooth strokes and kneading to ease tense muscles and induce relaxation.

Pregnancy Massage**
60 min ▪ R990

A relaxing massage experience tailored to relieve typical pregnancy discomforts such as lower back ache and poor circulation. This treatment is not available for Moms within their first trimester.

Back, Neck & Shoulder Massage
60 min ▪ R990 | 45 min ▪ R760 | 30 min ▪ R600

This focused massage helps relieve tension in the neck, shoulders, upper and lower back.

Pressure Point Foot Massage
45 min ▪ R760 | 30 min ▪ R600

Relax and balance the body through stimulation of pressure points situated on the feet.

Indian Head Massage
30 min ▪ R600

A detoxifying massage treatment of the head, scalp, face, neck and shoulders.

ENHANCEMENTS:

Add on CBD Oil (may be added to any treatment)
R200

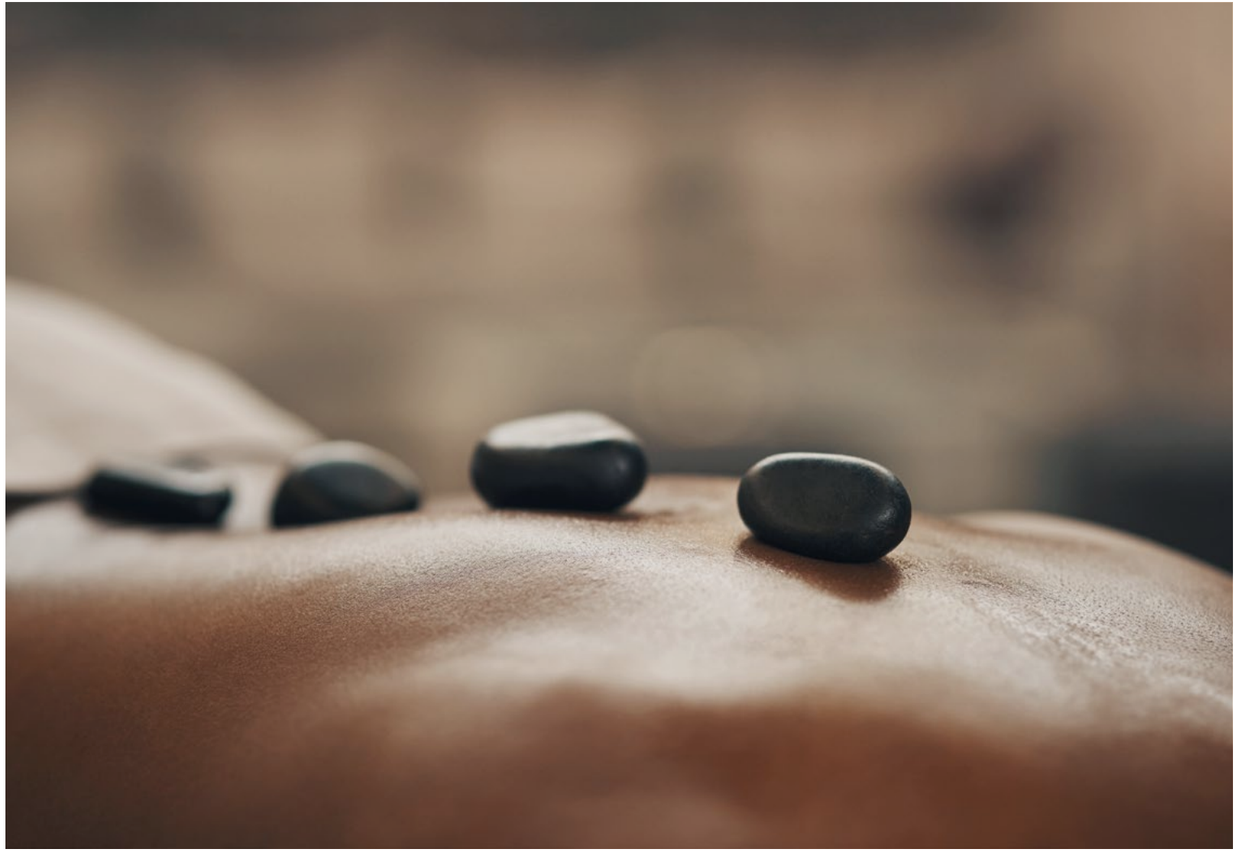
Add a Back Scrub
R230

Add Hot Stones (back only)
R140

Add Bellabaci Cups (back only)**
R140

Bellabaci Oil
Choose either Detox/Slimming Concentrate, Deep Relax, Muscle Support, or Revive

R160



SKIN CARE THERAPY

THALGO LA BEAUTÉ MARINE

Silicium Marin Super Lift Treatment**

60 min ▪ R3 800

A wrinkle lifting face, neck and décolleté treatment with double-masks. An infused sheet mask is activated on application and followed by a cryo-firming mask with dermal stimulation massage techniques including Dermastim+ massage.

Prodige Des Oceans Regenerating Face Treatment**

90 min ▪ R3 500

A supreme Beauty Ritual providing ultimate revitalization and total youthfulness. At the heart of the ritual, the Prodige des Océans Mask offers pure plumping oxygenation, and its iconic massage, inspired by Ko Bi Do, an ancestral Japanese manual facelift technique, visibly smoothes wrinkles and restores firmness and elasticity to the skin.

Lumière Marine Brightening Treatment**

60 min ▪ R2 990

A brightening and rejuvenating treatment that lightens the skin and improves pigmentation. Skin will appear visibly younger with renewed radiance and an even tone skin.

Hyalu-Procollagene Wrinkle Correcting Treatment

60 min ▪ R2 700

The first Thalgo wrinkle-by-wrinkle treatment combining hyaluronic acids & marine pro-collagen using Roller Boosters, with targeted action on even set-in wrinkles; for visible effectiveness, from the 1st treatment.

Cica Marin Soothing Repairing Treatment**

60 min ▪ R1 680

An SOS treatment with marine prebiotics to repair, soothe and strengthen sensitive or weakened skin.

Source Marine Hydra-Strengthening Treatment

60 min ▪ R1 600

This facial corrects the hydration levels of the skin, deeply replenishing and restoring the skin's velvety-smooth feel and radiance. This treatment includes a revitalizing Infusion mask.

3 Algae Facial**

60 min ▪ R1 550

A facial for oily/combination skin, uses the power of micronised marine algae, to rebalance and remineralise the skin leaving it clearer and purified.

SKIN CARE THERAPY

Spa Skin Facial
60 min ▪ R1 200

This classic facial is tailored to meet the specific needs of all skin types. Two treatment options (i.e. Hydrating or Purifying)

Purité Marine Purifying Treatment
60 min ▪ R1 200

Specifically designed for combination to oily skin, this Pureté Marine treatment reduces imperfections, redefines pores and controls shine; with the optional inclusion of extractions.

Hydra-Radiance Facial
30 min ▪ R890

The ultimate "illuminating" treatment. It boosts radiance and reveals the beauty of dull, tired complexions.

THALGOMEN

ThalgoMen Facial Treatment
60 min ▪ R1 600

Whether your concern is dehydration, dryness, sensitivity or oiliness, this treatment provides a tailored solution for the male skin. Treatment includes a relaxing massage, leaving the skin revitalised and perfectly balanced.

Express Treatment For Men
30 min ▪ R950

Revive and energise tired complexions in just 30 mins. Includes a cleanse, marine crystal scrub, energising signature acupressure and an anti-fatigue mask to reveal clearer, cleaner skin.

THALGO EYE EXPERT TREATMENTS

Wrinkle Correcting Pro Eye Treatment Add On To Facial*
R450

An SOS treatment to smooth the eye contour area and lessen the appearance of fine lines and wrinkles, diminishing signs of ageing and fatigue for younger-looking eyes.

*DERMA-TX***

Hydrating Facial
60 min ▪ R990

A blend of botanicals and hydrating actives replenishes moisture, transforming dry, dull complexions into soft, radiant skin with a nourished, healthy glow.

Purifying Facial
60 min ▪ R990

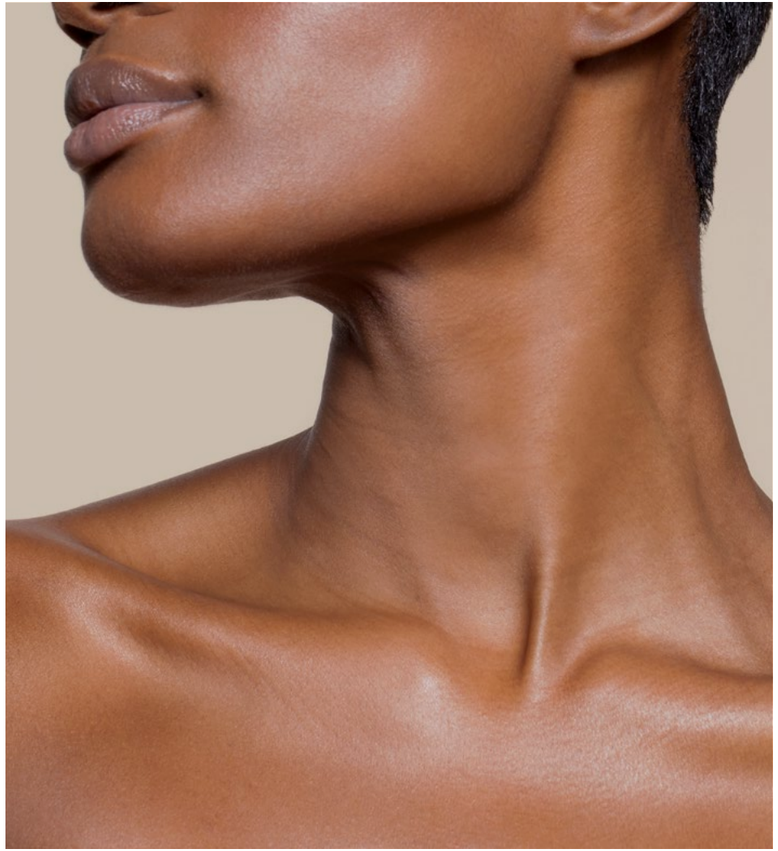
This deep-cleansing treatment exfoliates and purifies to restore balance to congested skin. It reduces excess oil, unclogs pores, and removes impurities to combat acne and breakouts while calming inflammation. The result is clearer, healthier-looking skin with minimised scarring and a matte finish that helps prevent future blemishes.

Anti-Ageing Facial
60 min ▪ R990

This rejuvenating treatment combines potent botanicals and actives to cleanse, hydrate, and nourish deeply. It visibly diminishes fine lines and wrinkles while improving firmness and texture, revealing a luminous, youthful complexion with refined, even tone.

Express Facial
30 min ▪ R750

A personalised express treatment designed around your individual skin needs. Whether targeting hydration, clarity, or radiance, this facial delivers focused results for all skin types.



SPA BODY TREATMENTS

Salt Glow Body Scrub

30 min ▪ R590

This luxurious natural salt and coconut oil exfoliating body treatment improves the skins texture leaving it smooth and looking radiant.

BODY WRAPS

Thalgo Three Marine Algae Body Wrap**

60 min ▪ R1 700

The "Thalassotherapy" body wrap by excellence; this 100% pure and detoxifying wrap is rich in minerals, vitamins and trace elements, leaving skin remineralized and the body revitalized.

Hydrating or Detox Wrap

45 min ▪ R950

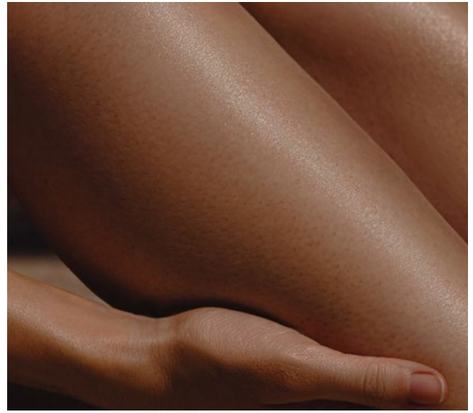
Choose between a relaxing or an invigorating aroma wellness body wrap. Hydrate with Neroli and Vanilla essential oils or detoxify with Peppermint and Rosemary essential oils.

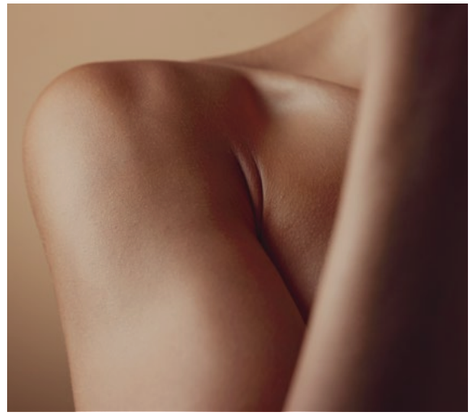
SLIMMING

Bellabaci Cellulite Cupping Treatment

30 min ▪ R780 | 60 min ▪ R1 150

Re-sculpt your body with the combination of cupping, hands-on massage and the use of a copper mitt, performed with premium hand-crafted all-natural aromatherapy oils formulated to target the visible signs of cellulite, expel toxins and breakdown lipids to detoxify and to give your body the ultimate deep cleanse. Target one area for 30min or target more than one area for 60mins.





MEDI SPA

THALGO LA BEAUTÉ MARINE

Thalgo Peeling Marin Treatment**

30 min ▪ R1 350

The 1st Marine Peel, this anti-ageing treatment combines micronised algae with glycolic and gluconic acids to deeply exfoliate and stimulate cell renewal to provide long-lasting results. Ideal for those seeking a "new skin" effect that is visible after one treatment.

*iS CLINICAL***

Fire & Ice Facial

30 min ▪ R1 500 | 60 min ▪ R2 550

Designed to rapidly and safely resurface the skin, this professional treatment involves the combination of warming and cooling sensations that will leave your skin feeling refreshed and invigorated.

Flash Brightening Facial

30 min ▪ R1 500 | 60 min ▪ R2 550

Transform your skin with iS Clinical's Flash Brightening Peel, an advanced treatment that reveals radiant, luminous skin instantly. This professional-grade formula combines powerful exfoliation with intense hydration for immediate results. Achieve a flawless, professional peel finish without downtime.

*OPTIPHI***

Active Peel 25% - 30%	45 min	R1 100
Active Peel 30|30	45 min	R1 200

This peel focuses on Total Skin Rejuvenation for all skin types. Improves cellular activity, resurfaces the skin, improves skin texture and stimulates the Fibroblasts which increase the production of dermal matrix compounds.

*Micro-Needling***

Nano Needling Add On	15 min	R500
Micro-Needling (Face Only)	75 min	R1 650
Micro-Needling (Face & Neck)	90 min	R2 150
Micro-Needling (Face, Neck & Décolleté)	120 min	R2 550

Micro-Needling treatments include 30min numbing application.

SPA BEAUTY TREATMENTS

Brow Shape & Tint		R300
Tint Lash & Brow	20 min	R280
Tint Lashes	20 min	R230
Tint Brows	15 min	R200

LASH LIFT + BROW LAMINATION

Lash Lift & Brow Lamination Combo**	60 min	R850
Lash Lift**	30 min	R580
Brow Lamination**	30 min	R580
Add Tint Lash/Brow**	10 min	R95
Add Brow Wax/Shape**	10 min	R95

WAXING

Lip / Chin / Brow	15 min	R170
Underarms / Sides of Face	20 min	R240
Full Face	20 min	R400
Bikini / Half Arm	25 min	R250
Half Leg / Full Arm / Half Chest	30 min	R385
Full Leg	45 min	R540
Brazilian	30 min	R400
Hollywood**	30 min	R470
Back / Chest	45 min	R480
Lip & Brow Combo	20min	R250

HAND + FOOT CARE

Deluxe Spa Pedicure
60 min ▪ R620

Includes a soak, scrub, heel work, cuticle work, full foot massage, mask and paint.

Deluxe Spa Manicure
60 min ▪ R590

Includes a soak, scrub, cuticle work, full hand massage, mask and paint.

Gelish Pedicure
75 min ▪ R700

Includes soak, scrub, heel work, cuticle work, Gelish application, foot massage.

Gelish Manicure
75 min ▪ R650

Includes soak, scrub, cuticle work, Gelish application, hand massage.

Nail Care & Gel Polish Overlay
45 min ▪ R500

Classic Pedicure
30 min ▪ R480

Includes a soak, scrub, cuticle work, lotion application and paint.

Classic Manicure
30 min ▪ R480

Includes a soak, scrub, cuticle work, lotion application and paint.

Buff & Glaze
20 min ▪ R300

Revarnish
20 min ▪ R300

Gelish Removal
20 min ▪ R150

Acrylic Nails Soak Off
40 min ▪ R190

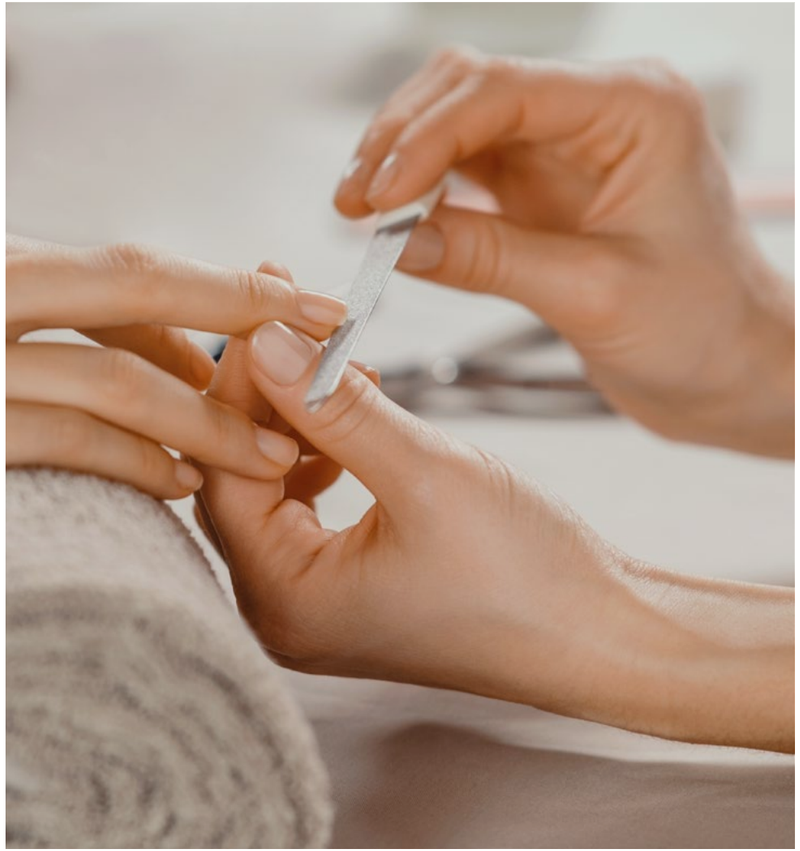
Paraffin Dip on Hands or Feet
15 min ▪ R220

Heel Peel Treatment Add On
15 min ▪ R230

*BIO-SCULPTURE***

Tips with Overlay	60 min	R640
Gel Overlay	60 min	R550
Bio-Gel Polish Overlay	45 min	R500
Gel Fill	45 min	R450
Bio-Gel Removal	20 min	R150
Full Cover Soft Gel Tips with Gel overlay	60 min	R690

***Treatments vary according to Spa, please enquire upon booking. Bio-Sculpture is available at Melrose Arch and Central Square Menlyn Maine.*



HYDROTHERAPY

Thalgo Îles Pacifique Lagoon Bath**

30 min ▪ R480

Rich in trace minerals and marine minerals, this blue lagoon bath instantly immerses the body into relaxing and comforting water. With aquatic aromas reminiscent of the atolls of the Polynesian Islands.

Thalgo Mer des Indes Milk Bath**

30 min ▪ R550

Ayurvedic traditions have inspired this milky effervescent bath which awakens the senses and wraps the skin in soft, powdery notes.

Rasul Self Application Treatment**

30 min ▪ Single R550 ▪ Couple R800

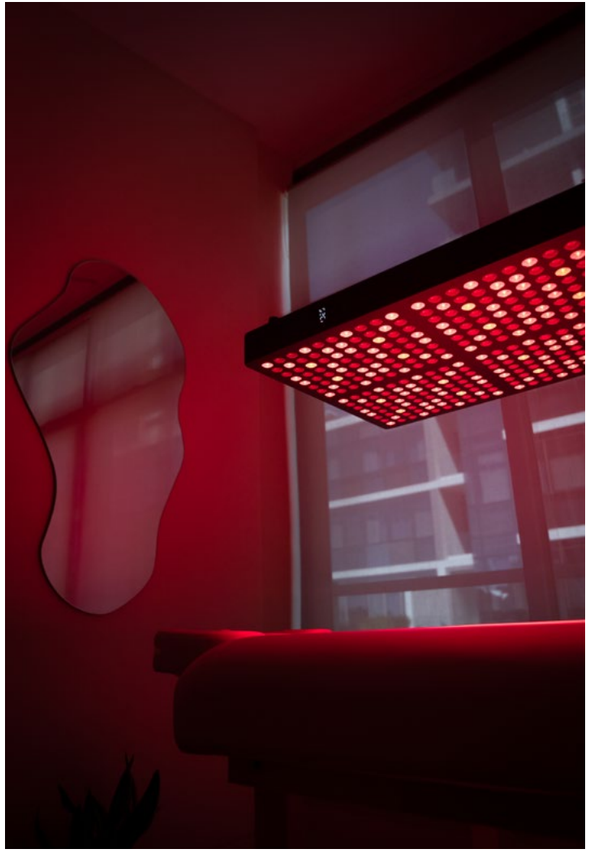
A therapeutic experience to target all five senses; experience a cleansing ritual where the self-application of salt and marine mud detoxifies and rejuvenates the body leaving the skin satin smooth.

Himalayan Salt Sauna**

30 min ▪ R430

This treatment offers a range of health benefits by producing a warm and soothing effect. Benefits include stress relief, detoxification, skin regeneration and strengthening of the immune system.

***Facilities & treatments vary according to Spa, please enquire upon booking. Rasul is available at GrandWest, The Boardwalk, Melrose Arch, The Polofields, Seven Villa and Pearls Mall. Himalayan Salt Sauna is available at The Boardwalk, Melrose Arch and GrandWest.*



WELLNESS TECHNOLOGY

Red Light Therapy**

20 min

Relax on the treatment bed as a warm, therapeutic red light works from above. Red Light Therapy uses low-level red light to support your body's natural energy production at a cellular level, helping to ease inflammation, support skin renewal, aid muscle recovery and lift overall energy. It's a gentle, non-invasive treatment with no downtime, so you can carry on with your day straight after.

1 session:	**R500**
5 sessions:	**R2300**
10 sessions:	**R4500**
20 sessions:	**R8000**

***Treatments vary according to Spa, please enquire upon booking. Red Light Therapy is available at InterContinental Johannesburg O.R. Tambo Airport, Melrose Arch and Central Square Menlyn Maine.*

SPA EXPERIENCES

Re-Energising Couples Journey

1hr 30min ▪ R3 150 per couple

- 60min Aromatherapy Massage
- 15min Head Massage
- 15min Foot Massage

Gents Executive Package

2hrs 30min ▪ R3 100

- 60 min Deep Tissue or Hot Stone Body Massage
- 60 min ThalgoMen Fortifying Facial Treatment
- 30 min Pressure Point Foot or Indian Head Massage

Thalgo Relaxing Ritual Iles Pacifique

1hr 30min ▪ R2 250 | R4 200 per couple

The Iles Pacifique Ritual takes you on a journey of relaxation filled with fragrances and colours from the pacific. This intoxicating body journey includes a scrub, hydrobath and an indulgent massage.

Couples: Iles Pacifique Ritual for two and a glass of bubbly.

Camelot Spa Personalised Journey

2hrs 30min ▪ R2 250

3hrs 30min ▪ R3 300

4hrs 30min ▪ R4 300*

Tailor-make a Wellness Journey especially for you. Choose from any of the treatments below, and spend your desired amount of time in pure bliss.

30 min:

- Back, Neck & Shoulder Massage
- Indian Head Massage
- Pressure Point Foot Massage
- Salt Glow Body Scrub
- Hydrating Body Wrap
- Detox Body Wrap

60 min:

- Hot Stone Massage
- Aromatherapy Body Massage
- Thalgo Spa Skin Facial
- Deluxe Spa Pedicure
- Deluxe Spa Manicure (only available for 4hrs 30min Journey)

*Lunch (Included for 4hrs 30min Journey)

Please ensure when booking this package, you inform the receptionist which of the treatments you have chosen. A maximum of 90 mins can be selected from the massage options.

CBD Wellness Journey

2hrs ▪ R2 300 | R4 100 per couple

Prepare to surrender yourself, body and soul to a dose of wellness. Sip on CBD infused drink and enjoy the stillness as you ease into this calming spa journey.

- 60min Signature CBD Wellness Massage
- 30min Signature CBD Pressure Point Foot Massage
- 30min CBD Radiance Facial
- Includes CBD Booster Drink

Mommy To Be

2hrs 30min ▪ R1 990

- 60min Pregnancy Massage
- 30min Manicure
- 60min Deluxe Spa Pedicure
- Snacks

Spa Taster

60 min ▪ R1 200

- 30 min Back, Neck & Shoulder Massage
- 30 min Thalgo Hydra-Radiance Facial

SPA WELLNESS MEMBERSHIPS

Invest in your wellbeing with a Camelot Spa Membership. Enjoy exclusive savings on the treatments you love all year round!

Annual Membership Plans*
(valid for 12 months)
R5100
R8500
R15 300
R20 400
**once off payment valid for one year*

Once your membership miles are depleted, your membership will have to be renewed.
Membership can be used by more than one person.
Lower prices are charged during off-peak periods (Monday to Thursday).
Joining fee of R100

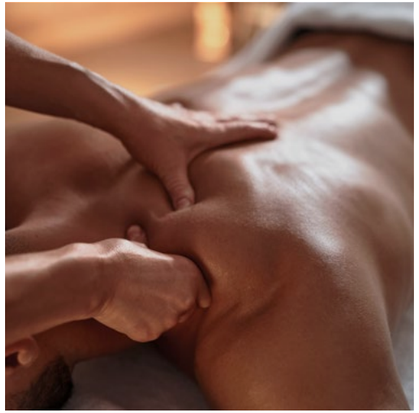
Contact any of our spas for more information.

GIFT CARDS + VOUCHERS

Spoil someone special with a Gift Card or an Electronic Voucher, ideal for any occasion.
Gift Vouchers are available online and for walk-in purchase from any Camelot Spa. Validity is for 3 years from date of issue. This does not apply to complimentary or prize vouchers.

CAMELOT KIDS

Please view our kids treatment menu here.



CANCELLATION POLICY

Should you need to cancel or reschedule your appointment, please let us know at least 24 hours before your scheduled appointment. Cancellations with less than 24 hours notice will incur a 50% treatment fee.

Late arrivals will result in reduced treatment time, with the full treatment fee applied.

SPA ESSENTIALS

- Prices valid for 2026.
- Treatments marked ** are not available at all Camelot Spas, please enquire upon booking.
- Booking in advance is recommended.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please advise us of any health conditions, allergies, injuries, recent medical or cosmetic procedures, which could affect your spa experience.
- In a spirit of mutual respect we kindly request punctuality.
- We respectfully request that you leave mobile phones switched to silent mode.
- Spa guests aged 16 years and under must be accompanied by an adult.
- Prices are subject to change without notice.
- Gratuities are not included in the treatment price. It is at your discretion to add a gratuity for treatment excellence.
- Lockers and safes are available at most of our spas. However, we recommend leaving valuables at home or securing them in your hotel room safe, as we cannot assume responsibility for any loss or theft.
- Please note that products bought at our spas are not refundable.
- All prices are inclusive of VAT.

BRANCHES

GAUTENG

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SEVEN Hotel, Villa & Spa
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WESTERN CAPE

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The Grand Hotel at GrandWest, 1 Jakes Gerwel Drive, Goodwood, Cape Town

Lagoon Beach Hotel
+27 (0) 21 528 2017
+27 (0) 72 146 4656 (WhatsApp)
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1 Lagoon Gate Drive, Milnerton, Cape Town

Le Franschhoek Hotel & Spa
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+27 (0) 79 666 9706 (WhatsApp)
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16 Minor Road, Keerweerder Farm, Franschhoek

INTERNATIONAL

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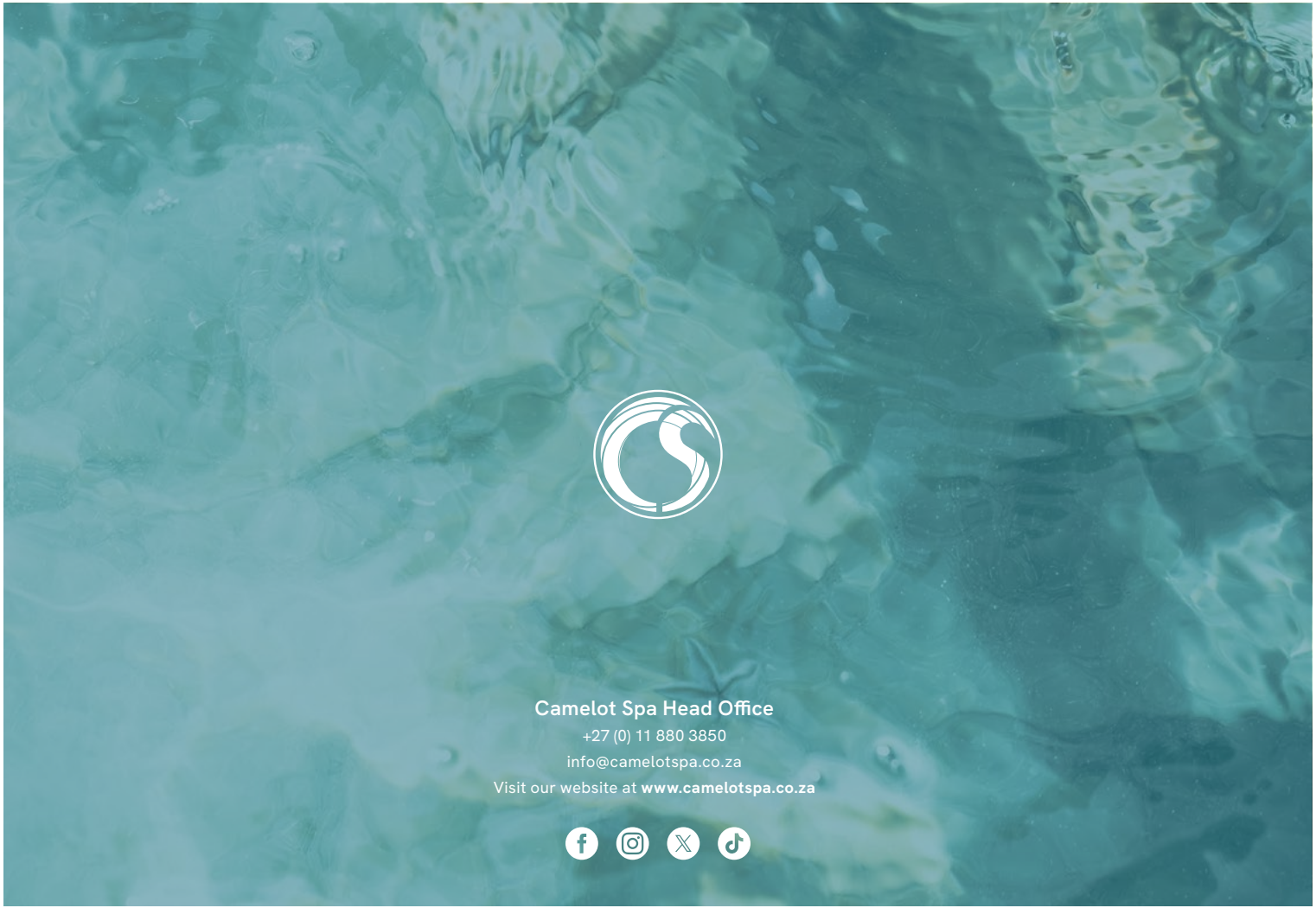
+234 909 667 1999 (WhatsApp)
thedome@camelotspa.co.za
Plot 423 Cadastral Zone, Central Business District, Abuja, Nigeria

**Please request Price List for The Dome as prices differ.*



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Visit our website at **www.camelotspa.co.za**